

# Lifeline

Receive up to \$9.25 off your phone or internet service

Lifeline is a federal program that helps lower the cost of your monthly phone or internet bill.\*

## INDIVIDUAL ELIGIBILITY

You qualify for a discount if:

- You participate in **ONE** of these government benefit programs:
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance (FPHA)
  - Veterans Pension and Survivors Benefit
  - Supplemental Security Income (SSI)

— **OR** —

- Your income is at or below 135% of the federal poverty guidelines

## HOUSEHOLD ELIGIBILITY

*A household is a group of people that share income and expenses.*

- You are only allowed to get **one** Lifeline discount per household.
- If you share housing, complete the **Household Worksheet**.
- The worksheet is available on our website, [www.LifelineSupport.org](http://www.LifelineSupport.org). You can also ask your Lifeline service provider.

## THREE WAYS TO APPLY



### CONTACT A PHONE OR INTERNET COMPANY

Find a company that provides Lifeline at [www.LifelineSupport.org](http://www.LifelineSupport.org).  
Click *Companies Near Me*.

OR



**APPLY ONLINE** Find the online application at [www.CheckLifeline.org/Lifeline](http://www.CheckLifeline.org/Lifeline).

OR



**MAIL YOUR APPLICATION** Print an application from [www.LifelineSupport.org/National-Verifier](http://www.LifelineSupport.org/National-Verifier).  
Fill out and mail it with proof of eligibility to:

Lifeline Support Center  
P.O. Box 7081  
London, KY 40742

## HOW TO SHOW YOU ARE ELIGIBLE

You may need to show proof that you qualify for Lifeline.

- **A copy of your award letter OR**
- **A copy of pay stub or tax return** to prove your income is at or below 135% of the federal poverty guidelines.

\*If you live on federally recognized Tribal Lands, you may receive an additional discount towards your service.



Universal Service  
Administrative Co.

## LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK  
[LifelineSupport@usac.org](mailto:LifelineSupport@usac.org) | [www.LifelineSupport.org](http://www.LifelineSupport.org)